

Portuguese Tourism Print Advert For José Mourinho

Porto and the Douro Region – Expect Something Special

When I need a break, I look for a special place to go - and that special place is Porto and the Douro region of Portugal. Porto is a vibrant city, where tradition lives side by side with contemporary Portuguese art and culture. Famed for its unique architecture, its talented fashion designers and fantastic shopping, the city is also renowned for its many fine restaurants, serving the best of northern Portuguese cuisine.

The Douro region offers breathtaking landscapes. Vine-terraced hillsides are still worked by local people, as they have been for generations. With a tradition of hospitality, local wine estates always welcome visitors. You'll be invited to stay the night and enjoy a delicious home cooked meal, and learn about Port wine production with visits to local cellars. Then of course comes the tasting itself, and a chance to sample some unique regional wines.

Whether travelling by car or train, or taking a luxurious river cruise, I always make time to explore the region's natural treasures. These include The Douro International Nature Park and three UNESCO World Heritage Sites - the Alto Douro Wine Region, the Prehistoric Cave Paintings at Foz Coa, and Porto's Historic Centre.

Few places in the world offer the unique culture and excitement of Porto and the Douro region. But then Portugal is my country – so expect something special.

José Mourinho has twice been rated the best football manager in the world. He was born in 1963 in Setúbal, a town just south of the Portuguese capital, Lisbon.

He's always been involved in football, and in his early days worked with Bobby Robson and Louis van Gaal. His first job as head coach was with Benfica.

In the 2002/03 season, his first with FC Porto, José Mourinho won three titles: the Portuguese League and Cup, and the UEFA Cup. The following year he went one better, winning both the Champions League plus the Portuguese League and Supercup.

In 2004, José Mourinho became manager of Chelsea FC, and won both the Premiership and the League Cup in his first season in charge. Mourinho then took Chelsea to a second Premiership title the following year.